

### PRICE LIST 2010

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| <b>THERMAL WATER HYDROTHERAPY IN POOL<br/>(20 MIN)</b>                                | <b>8,00 €</b>  |
| <b>THERMAL WATER HYDROTHERAPY IN TUB<br/>(20 MIN)</b>                                 | <b>8,00 €</b>  |
| <b>THERMAL WATER HYDROTHERAPY IN TUB<br/>WITH MULTIPLE JETS (20 MIN)</b>              | <b>11,00€</b>  |
| <b>SAUNA (3x10')</b>  | <b>10,00 €</b> |
| <b>STEAM BATH (3x10')</b>   | <b>10,00€</b>  |
| <b>THERMAL WATER HYDROTHERAPY IN POOL<br/>&amp; SAUNA - STEAM BATH ( 70 MIN)</b>      | <b>14,00 €</b> |
| <b>THERMAL WATER HYDROTHERAPY IN POOL<br/>&amp; SAUNA &amp; STEAM BATH ( 120 MIN)</b> | <b>18,00 €</b> |
| <b>THERMAL WATER AFFUSION SHOWER (10 MIN)</b>   | <b>9,00 €</b>  |
| <b>THERMAL WATER JET BATH ( 10 MIN)</b>   | <b>10,00 €</b> |
| <b>CLASSIC THERMAL MUD TREATMENT<br/>(20 MIN)</b>                                     | <b>25,00 €</b> |
| <b>RELAXING MASSAGE (30 MIN)</b>  | <b>28,00 €</b> |
| <b>ESSENTIAL OIL RELAXING MASSAGE<br/>(30 MIN)</b>                                    | <b>30,00 €</b> |
| <b>RELAXING BACK MASSAGE (20 MIN)</b>   | <b>25,00 €</b> |
| <b>MASSAGE ANTI-CELLULITE (20 MIN)</b>  | <b>28,00 €</b> |
| <b>VITAMINE E FACE MASSAGE (20 MIN)</b>   | <b>30,00 €</b> |
| <b>BODY AND FACE RELAXING MASSAGE<br/>(45 MIN)</b>                                    | <b>45,00 €</b> |

## LOUTRAKI THERMAL SPA

Welcome to Loutraki Thermal Spa

Enjoy the beneficial results of Hydrotherapy with thermal water

Choose one of our specially prepared spa packages !

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| Thermal water hydrotherapy in pool - Relaxing body massages<br>(20 min) | 28,00 € |
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| Thermal water hydrotherapy in tub with multiple jets - Relaxing<br>body massage (20 min) | 30,00€ |
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| Thermal water hydrotherapy in pool – Sauna – Steam shower -<br>Relaxing body massage (20 min) | 35,00€ |
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| Thermal water jet bath – Athletic massage (20 min) | 30,00€ |
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| Thermal water affusion shower - Taifoot massage ( 20 min ) | 28,00€ |
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| Thermal water hydrotherapy in pool – Essential oil massage<br>(20 min ) | 32,00€ |
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| Thermal water affusion shower- Absolute rehydrating face<br>treatment | 30,00€ |
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| Thermal water hydrotherapy in pool - body and face massage<br>(40 min) | 45,00€ |
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| Thermal mud body wrap treatment (20 min) - Thermal water<br>affusion shower (10 min) - Relaxing back massage (20 min) | 50,00€ |
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| Thermal mud body wrap treatment - Thermal water hydrotherapy<br>in tub or pool – Essential oil face and body massage (90 min ) | 60,00€ |
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# WELLNESS WITH thermal water of Loutraki

## *Rejuvenation and slimming with thermal water*

*It is a complete treatment which:*

- *Reduces the water retention in the body and the view of the cellulite*
- *Gives elasticity to the skin*
- *Smooths and eases the lipocytes*

*This treatment begins with an exfoliating gel for all the body which removes the dead cells. After that a water jet bath with thermal water will tone the circulation and then a body wrap with a special slimming gel in the problematic area will unblock the lymphatic circulation. To complete the therapy, a massage with a reconstructive slimming cream will soothe and improve the skin firmness.*

**80 min / 50 euro**

## *Body-wrap with heated mud*

*This therapy begins with a bath with thermal water so that the blood circulation will be toned and the body will get ready for the mud application. The combination of mud with thermal water activates its enriched vegetal minerals and the temperature increases as you are wrapped in a thin thermal membrane. As a result, joint pains are reduced drastically and the lymphatic circulation is increased. Lastly, a soothing cream and a rejuvenating massage will complete this treatment.*

**90 min / 50 euro**

## *Thalasso seaweed Therapy*

*The thalasso therapy is based on seaweeds and therapeutic vegetal minerals which when they are blended with thermal water, they give a relaxing and soothing sensation to the skin. It is very effective as it makes the skin velvety smooth. It is also ideal for the treatment of the cellulite, of the accumulated toxins and of the pain of the joints.*

*The program includes the application of mud, a water jet bath and an anti-cellulite massage with essential oil of cypress.*

**80 min / 50 euro**

**The therapies are taking place in a heated bed with a special mechanism which allows reciprocating motions giving you a deep sensation of relaxation.**

## SPA PACKAGES

### 2 DAYS PROGRAM

70, 00 €

**1<sup>ST</sup> DAY:** Thermal water affusion shower – Relaxation body massage (40 min)

**2<sup>ND</sup> DAY:** Classic Thermal mud treatment - Essential oil massage (50 min)

### 3 DAYS PROGRAM

95, 00 €

**1<sup>ST</sup> DAY:** Thermal water jet bath – Anti-cellulite massage (40 min)

**2<sup>ND</sup> DAY:** Thermal water hydrotherapy in tub – Vitamin E face massage (50 min)

**3<sup>RD</sup> DAY:** Thermal water affusion shower – Body relaxing massage (30 min)

### 6 DAYS PROGRAM

195, 00 €

**1<sup>ST</sup> DAY:** Thermal water hydrotherapy in tub – relaxing back massage (40 min)

**2<sup>ND</sup> DAY:** Thermal water affusion shower – Taifoot massage (30 min)

**3<sup>RD</sup> DAY:** Natural moor mud body wrap treatment (50 min)

**4<sup>TH</sup> DAY:** Thermal water jet bath – Essential oil massage (40 min)

**5<sup>TH</sup> DAY:** Thermal water hydrotherapy in tub – Body and face relaxing massage (65 min)

**6<sup>TH</sup> DAY:** Classic thermal mud treatment – Thermal water affusion shower – Absolute hydrating face treatment (70 min)